

Dance Practice Card

For week of: _____

NAME _____

	Minutes Practiced	Parents Initials
Sunday	_____	_____
Monday	_____	_____
Tuesday	_____	_____
Wednesday	_____	_____
Thursday	_____	_____
Friday	_____	_____
Saturday	_____	_____

Total Minutes: _____

Dancers Signature _____

Parents Signature _____

Parents must sign for each day that is practiced.
 Beginners are expected to practice 10min/day, 5 days
 Adv.Beginners are expected to practice 15min/day, 5 days
 Novice & up are expected to practice 30+min/day, 5 days

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